



COURSE OUTLINE: BSCN1000 - NURSING THEORY

Prepared: Kim Lauzier RN, PhD (c)

Approved: Bob Chapman, Chair, Health

Course Code: Title	BSCN1000: THE FUNDAMENTALS OF NURSING THEORY
Program Number: Name	3401: HONOURS BSCN
Department:	BSCN - NURSING
Academic Year:	2023-2024
Course Description:	This course introduces the student to fundamental theoretical concepts in nursing that promote health and healing with a focus on the older adult population. Explores concepts related to nursing science as well as professional nursing roles and responsibilities in health care.
Total Credits:	3
Hours/Week:	3
Total Hours:	36
Prerequisites:	There are no pre-requisites for this course.
Corequisites:	There are no co-requisites for this course.
This course is a pre-requisite for:	BSCN1100
Vocational Learning Outcomes (VLO's) addressed in this course:	3401 - HONOURS BSCN VLO 1 Meet professional practice requirements as identified in the current Entry-to-Practice Competencies and Professional Standards of the College of Nurses of Ontario. VLO 4 Contribute to the nursing profession and healthcare through the practice of critical inquiry, self-reflection, and a commitment to professional growth through lifelong learning. VLO 5 Utilize critical thinking and reasoning to make evidence-informed clinical judgements. VLO 7 Utilize available technologies to communicate, educate, and provide appropriate care in a variety of contexts. VLO 8 Manage the care of people across the lifespan who have stable and unstable outcomes. VLO 11 Identify, support, and effect appropriate change in healthcare.
Essential Employability Skills (EES) addressed in this course:	EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience. EES 4 Apply a systematic approach to solve problems. EES 5 Use a variety of thinking skills to anticipate and solve problems. EES 6 Locate, select, organize, and document information using appropriate technology and information systems. EES 7 Analyze, evaluate, and apply relevant information from a variety of sources. EES 9 Interact with others in groups or teams that contribute to effective working



relationships and the achievement of goals.
 EES 10 Manage the use of time and other resources to complete projects.

Course Evaluation:

Passing Grade: 65%,
 A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.

Other Course Evaluation & Assessment Requirements:

Course hours are represented as follows:
 Theory: 36 total hours
 Important note about course evaluation:
 Successful completion of this course is dependent on all assignments being completed and submitted.
 If this course has any components graded on a satisfactory/unsatisfactory grading scheme, each assignment must achieve a grade of satisfactory , in addition, a minimum cumulative grade of 65% is required to pass the course.

ETPs:
 1.19, 3.4, 5.9, 6.3, 6.8

Books and Required Resources:

Ebersole and Hess` Gerontological Nursing and Healthy Aging in Canada by Touhy & Jett
 Publisher: Mosby, Incorporated Edition: 3rd Canadian
 ISBN: 9780323778749
 Ackley and Ladwig`s Nursing Diagnosis Handbook by Ackely and Ladwig
 Publisher: Elsevier Edition: 13
 ISBN: 9780323776837
 Canadian Fundamentals of Nursing by Potter
 Publisher: Mosby, Incorporated Edition: 7th
 ISBN: 9780323870658

Ends in View and Processes:

Ends in View	Process
Develop an understanding of own personal concepts and the professional concepts of health and healthy living. ETP 1.19	1.1 Reflect on personal beliefs and values about health to develop your own personal meaning/definition of health 1.2 Heighten awareness of personal concepts of health and healthy living 1.3 Describe models of health, health determinants, and health promotion strategies. 1.4 Develop an understanding of the Canadian demographic trends of the older adult population 1.5 Reflect on your personal beliefs, values and experiences related to the older adult population 1.6 Explore the link between concepts of health, healthy living and health care within the

	context of the older adult
Ends in View	Process
Examine beliefs, values, and perceptions about health held by others and how these differences influence the way people behave, with a focus on the older adult	2.1 Discuss the complexity of behaviour change. 2.2 Discuss common theories and models of behaviour and behaviour change. 2.3 Describe the benefits of a regular physical activity and exercise program for older adults. 2.4 Discuss effective strategies for motivating health behaviour change
Ends in View	Process
Examine nursing actions from a nursing process framework ETP 5.9, 6.3	3.1 Identify the nursing process as a fundamental problem-solving process. 3.2 Describe the different components of the nursing process. 3.3 Ability to apply the nursing process to a clinical case study
Ends in View	Process
Explore the change process in relation to health and healthy living with a focus on the older adult.	4.1 Develop a basic understanding of potentially pathological changes of aging. 4.2 Develop a basic understanding of the various theories of aging. 4.3 Develop an understanding of a variety of aspects of healthy aging, including physical, social, psychological, spiritual, and cognitive. 4.4 Discover and dispel myths and stereotypes related to aging and the older adult
Ends in View	Process
Explore the fundamentals of nursing practice.	5.1 Describe the main purposes of a health record. 5.2 Describe some of the legal issues surrounding nursing documentation. 5.3 Identify some of the characteristics of quality nursing documentation. 5.4 Describe some of the different methods of record keeping. 5.5 Describe specific documentation methods typically used in long-term care settings 5.3 Identify the purposes of client education and role of the nurse in client education.
Ends in View	Process
Develop an understanding of communication in the nursing practice with a focus on the older adult. ETP. 3.4	6.1 Describe the importance of communication to the lives of older persons 6.2 Describe interventions that facilitate communication individually and in groups 6.3 Understand the significance of the life story of an older person 6.4 Discuss the modalities of reminiscence and life review 6.5 Identify effective communication strategies for older

	<p>persons with speech, 6.6 language, hearing, vision, and cognitive impairments 6.7 Discuss the relationship of sensory function to an individual's level of wellness 6.8 Discuss common causes and effects of sensory alterations 6.9 Discuss common sensory changes that normally take place as individuals age. 6.10 Describe conditions in the health care setting or patient's home that nurses can 6.11 adjust to promote meaningful sensory stimulation</p>													
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Date:	August 9, 2023													
Addendum:	Please refer to the course outline addendum on the Learning Management System for further information.													